



Dear Country President

I am sending you an official invitation to the ICO World Championships being held in Scotland, 18th – 20th October 2019.

These Championships will be held at Ravenscraig Regional Sports Facility, 1 O'Donnell Way, Wishaw, Motherwell, ML1 2TZ

Travel time from Glasgow International Airport – 34 minutes

Travel time from Edinburgh Airport – 36 minutes

Travel time from Prestwick Airport – 56 minutes

The hotels are situated 10-15 minutes away from the sports centre. The name and location of the hotels will be provided when we receive 50% of your team's accommodation payment.

Provisional schedule - Weigh ins are on 16th and 17th October. The opening ceremony will start 18th October at 10am with fighting starting at midday. On Saturday 19th the Championships will start at 9am. On the last day, Sunday 20th fighting will start at 9am and finishing at 3pm. We will be hosting a Gala Fight Night at same facility until 11pm then on to the after party. Teams depart Scotland on Monday 21st.

I will send out the complete welcome pack within the next month with full details including a poster for advertising purposes, important dates for payments and when category lists are due.

I have listed some fantastic places for you and your team to visit if you choose to spend a bit extra time here in our beautiful country.

Edinburgh Castle



Stirling Castle



Loch Ness (The home of the Loch Ness Monster!)



Edinburgh Zoo



The Kelvingrove Art Gallery and Museum



The Kelpies



M&D Theme Park



Looking forward to welcoming you all to Scotland. Any questions please just drop me an email.

Very best regards

Sam Allan

ICO President for Scotland

